



NEWCASTLE NEWS

"Neighbors working together to improve the quality of life in our neighborhood"

Volume 16, Issue 1

MEETING TIME - 5:30 PM

January 2020

PRESIDENT'S MESSAGE

Happy New Year to you and your family. May this year, 2020 be your best year of health and wealth. Keep the faith. Make every day count with kindness and love.

Thank you to the Social Activities Committee for a well-planned Christmas Celebration. It was a grand affair with lots of fun, food, music, fellowship, games and prizes. Everyone in attendance received a beautifully wrapped tote bag. Thank you neighbors for your support of our 2019 Christmas Celebration.

In addition, thank you Newcastle residents for a very successful and productive year. Every achievement was accomplished because of you - paying your annual NCCI \$30 membership fee, participating in monthly community meetings and various events and fund-raisers. Thank you to all for serving to make NCCI great. I am truly blessed.

During 2020, we will continue programs and activities from 2019 and add a few more from our 2020 suggestions (discussed at November's meeting). We have acted on one 2020 suggestion already. December 6th, a group of NCCI neighbors met at Spotlight Cinema to see the movie *Harriet*. The next quarterly movie date is March 2020. We will elect officers January 23rd during our 5:30 pm. monthly meeting at the Newcastle Trenholm Acres Community Center.

Our Social Activities Committee members will be recognized during the February 27th meeting.

Prayer Requests:

Pray for our sick and shut-in, neighbors in bereavement and those experiencing difficulties, those wanting to destroy our serenity and security, those that trash our neighborhood with litter and violence. Pray for the safety of our children and families.

Mary W. McCants
NCCI President

YARD OF THE MONTH ~ DECEMBER 2019



Ms. Joan Mobley ~ 237 Devoe Drive
Columbia, South Carolina 29223

2020 EXECUTIVE COMMITTEE OFFICERS

- President **Mary W. McCants** (803) 238-7788
- Vice President **Gene Blakely Parks** (803) 754-7431
- Secretary **Pearlestine Jones** (803) 786-8661
- Corresponding Secretary **Betty Forney** (803) 315-9208
- Treasurer **Geraldine S. Parker** (803) 754-8093
- Assistant Treasurer **Ethel Bingham** (803) 851-6243
- Chaplain **Rev. Dr. Reid R. White, Jr.** (803) 786-5860
- Block Captain Coordinator **James Rhett** (803) 513-7675
- Social Activities Chair **Anthony Mack** (803) 727-2177
- Yard of the Month Chair **Anthony Mack** (803) 727-2177
- Beautification Committee Chair **Mattie Moses** (803) 754-8445
- Adopt-a-Highway Chair **Sammy Parks** (803) 754-7431
- Newsletter Committee - **Gene Blakely Parks** (803) 754-7431

NEIGHBORHOOD ASSOCIATION DUES

\$30.00 per calendar year per household
Make check or money order payable to: NCCI
Mail to: Mrs. Geraldine S. Parker, Treasurer, NCCI
P O Box 2024 - Columbia, SC 29202

SICK, SHUT-IN - RECUPERATING NEIGHBORS

- Mr. Kris Barr - 188 Newcastle Drive
- Mr. Burleigh Bell - 245 Redwood Court
- Mrs. Minnie Blocker - 249 Redwood Court
- Mrs. Willie Mae Byrd - Pruitt Health-Ridgeway,
213 Tanglewood Court, Ridgeway, SC 29130
- Mrs. Cynthia McClinton Daniels - 6524 Scarlett Court
- Mrs. Maggie T. Fullylove - 240 Redwood Court
- Mrs. Daisy M. Gladman - 420 Redwood Court
- Mr. Ervin Gladman - 420 Redwood Court
- Mrs. Eartha Jones - 161 Coolstream Drive
- Mrs. Pearlestine Jones - 235 Sunnydale Drive
- Mrs. Dorothy Robinson - 129 Coolstream Drive
- Mrs. Marva "Pat" Terrell - 256 Redwood Court
(803) 476-6789
- Mr. Herman Walker - The Crossings, 2300 Clemson Road
Columbia, SC 29229



Newcastle Concerned Citizens, Inc.
Monthly Meeting
Thursday, January 23, 2020
5:30 PM
5819 Shakespeare Road * 29223



Mrs. Mary Bentley – 135 Newcastle Drive in the death of her husband, Mr. Willis E. Bentley.

Ms. Willie Mae Bowman – 313 Weldwood Court in the death of her aunt Mrs. Cora Phillips of Washington, DC.

Mrs. Annie L. Helper – 320 Carlton Drive in the death of her sister.

Mr. Tony Johnson- 146 Newcastle Drive in the death of his brother, Mr. Leon Johnson.

Mr. Eugene Speed – 309 Newcastle Drive in the death of his aunt, Mrs. Hazel Johnson Harkness.

The family of Mrs. Leila Ann Casey Whitner—formally of 316 Redwood Court.

The family of Mr. Bruce Alan Keith – 321 Weldwood Court.

HANDY TELEPHONE NUMBERS

Richland County Ombudsman	929-6000
Richland County Sheriff CAT Team Officer	
Deputy Perez aperez@rcsd.net	636-5261
Richland County Sheriff Dept. Non Emer.	576-3000
Richland County District 3	
Councilwoman Yvonne L. McBride	904-9145
East Richland Public Svc District (bus ofc.)	788-1570
24-Hour Service Department	788-6351
Rep. Leon Howard, SC House District 76	734-3046
Sen. Darrell Jackson, SC Senate District 21	212-6048

Pre- Diabetes: What Can You Do?

Taken in part from the American Diabetes Association

Pre-diabetes is a condition in which blood glucose levels are higher than normal but are not high enough to be diagnosed as diabetic. Long-term damage to the body may occur during pre-diabetes.

If you are pre-diabetic, there are things you can do to prevent or delay the development of type 2 diabetes. This can be done by making changes in your diet and increasing physical activity. It has been shown that some medications may delay the development of diabetes, but diet and exercise work better. Just 30 minutes a day of moderate physical activity and a 5 to 10 percent drop in body weight can help you reduce your chances of developing diabetes by 50 percent.

Pre-diabetes is a serious condition. The good news is you can do something about it. Prevent or delay the onset of diabetes by changing your diet and increasing your physical activity. Always consult a physician first before changing your diet or beginning a new exercise routine.

WHY WE HONOR DR. MARTIN LUTHER KING, JR.



January 15, 1929 ~ April 4, 1968

Our national holiday, January 20, 2020, in honor of Dr. King serves as a time for all of us **TO REMEMBER** the life, work, and dream of Dr. MARTIN LUTHER KING, JR.: **TO CELEBRATE** the holiday in the true spirit of togetherness and community, and most importantly, the holiday provides individuals, families, organizations, and communities an opportunity **TO ACT** on the issues of equality, justice, freedom, peace, and nonviolent social change.

With Dr. King’s holiday, we celebrate those unsung heroes and heroines, not only African-Americans, but of all races and religions, who struggled, suffered, preserved, and helped to change our NATION for the better. Dr. King’s holiday provides an opportunity for all Americans to reaffirm their faith in the noble dream of freedom and the sacred promise of democracy – in the values which distinguished our Republic from the rest of the world and in his philosophy of nonviolent social change.

“I won’t have any money to leave behind. I won’t have the fine and luxurious things of life to leave behind. But I just want to leave a committed life behind.”

~ Dr. Martin Luther King, Jr.

NEWCASTLE – TRENHOLM ACRES COMMUNITY CENTER ACTIVITES

Tuesday and Thursday - 10:30 am - 11:30 am
Arthritis Exercise Class - FREE

Tuesday - 12:00 pm - 1:30 pm
Jewelry Making Club FREE

Thursday - 12:30 pm - 1:30 pm
BINGO - Bring 2 prizes, play 3 cards - FREE



SAVE THE DATE

Adopt-a-Highway

Saturday, February 8, 2020

***Contact Sammy Parks - (803) 754-7431**



“NEVER UNDERESTIMATE THE POWER YOU HAVE TO TAKE YOUR LIFE IN A NEW DIRECTION.”

HAPPY NEW YEAR!